

## Present Continuous: Affirmative Form

**FORM:**

I am	(I'm)	
You are	(You're)	
He is	(He's)	
She is	(She's)	
It is	(It's)	working.
We are	(We're)	
You are	(You're)	
They are	(They're)	

**subject + be ( am, is, are) + verb + “-ing”**

**USE:**

The **Present Continuous** is also called the Present Progressive. Use the contracted form in speaking and in informal writing.

The present continuous is used:

- to talk about an action that is happening right now; an action in progress. The following time expressions are often used with the present continuous:

now      right now      at the moment      today      at present

e.g. *Mark is talking to his girlfriend right now.*

- to talk about an action that is temporary.

e.g. *Michele is taking care of the children today.*

**EXAMPLES:** *I am reading my exercises at the moment.*  
*We are studying pronunciation today.*

Beginner 1 – Exercise 36 – Present Continuous: Affirmative Form

*Change the following sentences to the PRESENT PROGRESSIVE.*

1. We have our meeting in room three.

\_\_\_\_\_

2. The snow falls heavily.

\_\_\_\_\_

3. We have our breakfast in the kitchen.

\_\_\_\_\_

4. She writes a letter to her mother.

\_\_\_\_\_

5. Tony smokes a cigarette.

\_\_\_\_\_

6. The people laugh at the clown.

\_\_\_\_\_

7. The detective looks for shoplifters.

\_\_\_\_\_

8. Janet walks down the stairs.

\_\_\_\_\_

9. The subway runs on time.

\_\_\_\_\_

10. We do our lessons at school.

\_\_\_\_\_

*Write the following sentences in the PRESENT CONTINUOUS.*

SWIM LISTEN WORK WAIT SIT SELL WRITE COME  
EAT

1. The gardener \_\_\_\_\_ in the  
back yard.

2. The children \_\_\_\_\_ in the back seat.

3. They \_\_\_\_\_ lunch in the kitchen.

4. Our parents \_\_\_\_\_ home soon.

5. Philip \_\_\_\_\_ a letter to his friend.

6. John \_\_\_\_\_ to the  
hockey game on the radio.

7. We \_\_\_\_\_ for the subway.

8. The neighbours \_\_\_\_\_  
in their pool.

9. She \_\_\_\_\_ her bike.