

Adverbs: Of Frequency

FORM:

<p>Most Often (100%)</p> <p>Always Usually Generally Occasionally Often Sometimes Seldom Rarely Never</p> <p>Least Often (0%)</p>

USE:

Adverbs of Frequency are used with the Simple Present tense.
Where to put adverbs of frequency:

Before the main verb:

SUBJECT	ADVERB	SIMPLE PRESENT VERB	
Bob	<i>always</i>	wakes up	at 6:30 a.m.
Anita	<i>sometimes</i>	drinks	wine with dinner.
They	<i>never</i>	visit	us on Fridays.

After the verb “be”:

SUBJECT	BE	ADVERB	
Tom	is	<i>usually</i>	a hard worker.
You	are	<i>seldom</i>	late for a meeting.

Beginner 1 – Exercise 30 – Adverbs: Of Frequency

Rewrite each sentence adding the ADVERB OF FREQUENCY in its correct place.

1. Jane gets up at 7:00 a.m.

(usually)_____

2. She is late for work.

(never)_____

3. They have a morning coffee break.

(usually)_____

4. Billy listens to music after dinner.

(sometimes)_____

5. They are happy together.

(always)_____

6. He goes to the gym on Saturdays.

(often)_____

7. We visit our grandmother in Oakville.

(rarely)_____

8. My wallet is in my purse.

(always)_____

Answer the questions using an ADVERB OF FREQUENCY and the SIMPLE PRESENT tense.

1. What do you do on Mondays?

2. What do you do at 2:00 p.m.?

3. What do you do on the weekends?

4. What do you do in the summer?

5. What do you do on Friday nights?

Write complete sentences using either an ADVERB OF FREQUENCY, a TIME EXPRESSION, or a FREQUENCY EXPRESSION.

Examples: bring my books: I always bring my books to school. (adverb of frequency)

OR I bring my books to school all the time. (frequency expression)

OR I bring my books to school on Tuesday. (time expression)

1. go to school _____

2. are sad _____

3. see your family _____

4. drink water _____

5. call your parents _____

6. cook a meal _____

7. watch TV _____

8. take a vacation _____

Beginner 1 – Exercise 30 – Adverbs: Of Frequency

9. eat at home _____
10. wash your clothes _____
11. read the newspaper _____
12. are anxious or nervous _____